

Orienteering event to be held in Appling

By JOHN MOORE
Staff writer

Some good walking shoes are all a person needs to bring to the orienteering event being held by Georgia Orienteering Club Sunday at Mistletoe State Park in Appling, Ga.

"Anyone can come whether they are runners, walkers, strollers — it is basically for everyone," said Guido Nordmann, meet director. "We have beginner training, a crash course on how to read a map and how a compass works and we have set up a really easy course."

For those with experience in the sport, there will be an intermediate and advanced course.

Nordmann said maps and compasses are available.

"The maps are specially made for orienteering and include lots of details," Nordmann said. "The cost is \$8 per group or individual to cover the cost."

Nordmann said meets are held in the Atlanta area every other weekend and there are two meets a year in east Georgia.

■ Orienteering event

When: Sunday at 10 a.m.

Where: Mistletoe State Park, 3723 Mistletoe Road, Appling, Ga.

Cost: \$8 per group or individual cover

More info: 646-9395

Mistletoe State Park, is located at 3723 Mistletoe Road in Appling, Ga., three miles off Ga. Highway 150, eight miles north of I-20 exit 175.

"It is about one hour from Aiken," Nordmann said. "It is a chance to be out in the woods in nature."

"For some it's a sport activity. Some are very active and running really fast, others have a good time and enjoy nature."

Instructions will start at 10 a.m. and will be held on an as needed basis. Starts will be between 11 a.m. and 1 p.m.

For additional information, call Guido Nordmann at 646-9395, or visit www.gaorienteering.org.

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